# Thyroid Federation International



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# February 2025 Newsletter

#### **Thyroid Federation International**

#### 2024-2025 Board of Directors

President Ashok Bhaseen (Canada)

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#### www.thyroid-federation.org

#TFI #ThyroidFederationInternational #mission #ITAW #ITAW2024 #thyroid #thyroidpatients















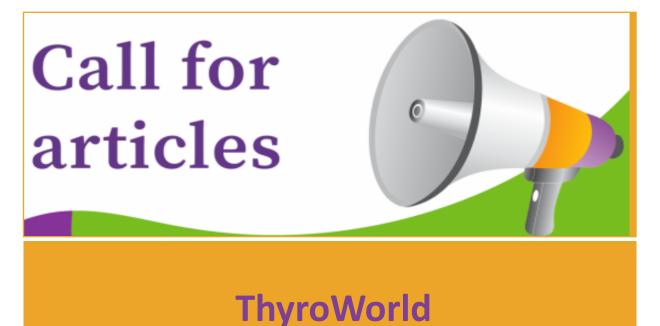
Dear members and friends,

TFI will be holding its next Annual General Meeting in Rio de Janeiro! We are planning to host a special event on the 16th of June to commemorate the last 30 years of Thyroid Federation International. This will include a special anniversary edition of ThyroWorld.

We hope that our Members, our Affiliate Members and our extended supporters will be able to join in person or via Zoom. Contact Katherine Keen at <u>katherine.keen@thyroid-federation.org</u> for more information.



# JOIN US!



The next TFI ThyroWorld will be distributed during the ITC meeting. Please send your articles to the Editorial Board: tfi@thyroid-federation.org

Deadline: 15 April 2025







thyroidweek.org

This year's theme: Thyroid and Artificial Intelligence

# Look What We've Been Doing...

## SINGAPORE, FEBRUARY 2025

GAFPA conference on Maternal and infant Health Thyroid Disease Roundtable Meeting



Ashok Bhaseen with Dr. Arora (India), Dr. Teofilo San Luis (the Philippines), Dr. Sanjay Kalra (India), Dr. Robin Maksey (Nepal) and Dr. Tjokorda Gde Dalem Pemayun (Indonesia)

The NCD agenda will go further and help will come from India, Nepal, Indonesia, Bhutan and Philippines in influencing their Health Ministers to expand the agenda with local Thyroid Foundations.

## **GAFPA: Global Alliance for Patient Access**

# NEPAL, FEBRUARY 2025

#### 1st South Asia Obesity Conference - Kathmandu



Ashok Bhaseen with Nepal Thyroid Foundation President BC Surendra and Director Communications Mahendra Raj Bhusal



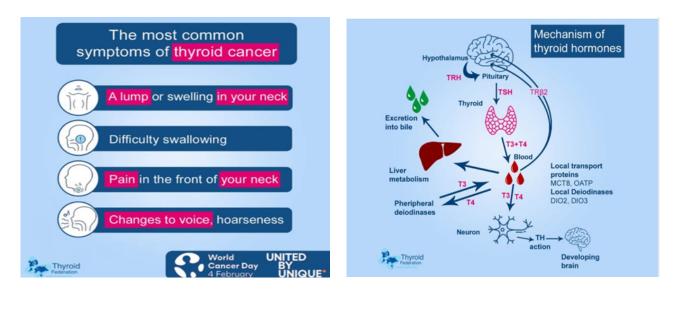
# Thyroid camp at the Kathmandu Hospital.

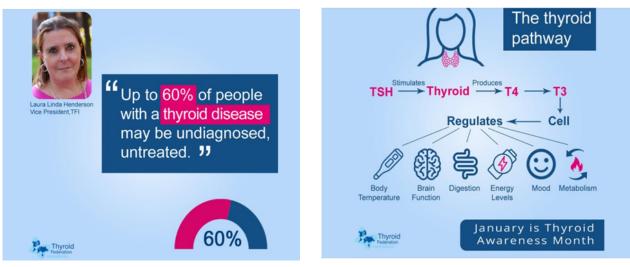


181 patients came for thyroid screening.



# Some Posts from our Social Media







# ... and Look What Our Member Organisations have Been Doing

#### **CROATIA,** *Croatian Association for Thyroid Disease*

On a very chilly Saturday afternoon in February in Zagreb, Roko Granic (TFI Board member), represented TFI as well as his patient organization in an event to raise funds for thyroid disease.





The Association members releasing balloons with wishes into the night sky...

## ITALY, CAPE, Comitato Associazione Pazienti Endocrini

#### Interview with CAPE Treasurer, Sara Giombolini



Sara explains the importance of a patient organization and CAPE's past and future projects.

#### NIGERIA, TASI, Thyroid Awareness and Support Initiative



Iruoma Ofortube, President of TASI states: "Prioritizing patient education, awareness, and advocacy are crucial in bridging the knowledge gap and improving health outcomes for thyroid disease patients. Empowering individuals to take responsibility for their well-being ultimately enhances their quality of life most, especially in Africa."



# TFI PROJECTS

## **MOTHERBABYIODINE**

Mother Solo

Home Ab

About MotherBabyIodine News from the world

Thyroid

# **MotherBabyIodine**

Iodine for the first 1000 days



#### WWW.MOTHERBABYIODINE.COM

our new

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The MotherBabylodine project aims to bring attention to the importance of iodine for health, and the extent and consequences of Iodine Deficiency Disorders (IDD) in pregnant women and women of childbearing age (12-50) that continue to affect both developed economies and countries in development.

### EUTHYROID2



EUthyroid2 aims to improve low awareness with respect to iodine deficiency and iodine-deficiency disorders (IDD) and highlight the importance of iodine nutrition among the target groups, including adolescents and young adults, the scientific community, medical professionals, and policymakers.

Within EUthyroid2, TFI is responsible for the communication and dissemination of results (WP5). Together with IGN and WIA, TFI aims to raise awareness of iodine deficiency and iodine deficiency disorders (IDD) and the importance of iodine nutrition among the target groups, including adolescents and young women up to age 24 pre-pregnancy, the scientific community, medical professionals, and policymakers and inform the target groups, and other research and health stakeholders about the project's development and achievements.

# **IODINE COALITION EUROPE**



Iodine deficiency in Europe: acting to protect Europe's population from a re-emerging problem. Iodine Coalition Europe is a unique public/private partnership dedicated to ensuring adequate iodine nutrition for Europe's citizens. It includes iodine nutrition experts, representatives of the salt and broader food and iodine industries, and research and patient organizations. (The Iodine Coalition Europe website will soon be launched).

# **CONFERENCES – TFI PARTICIPATION**



Singapore, February 2025

Kathmandu February 2025





#### TFI 2024-2025 Board of Directors



(Left to right) Giulia Giombolini (Italy), Treasurer; Bojana Jedoksic (Serbia) Memberat-Large; Ashok Bhaseen (Canada) President; Linda Henderson (Spain) Vice President; Beate Bartès (France) Secretary; Roko Granić (Croatia) Member-at-Large. Absent: Nancy Patterson (USA) Member-at-Large